



*Lane Community Health Council is the governing body for PacificSource Community Solutions - Lane.

Joint CCO Community Advisory Council Meeting

1-22-2024

12:00 – 2:00 PM

Join Zoom Meeting

<https://us06web.zoom.us/j/88903902818?pwd=eW8rbk9HQZTZnM0emRtUlk5S2JsZz09>

Meeting ID: 889 0390 2818

Passcode: CACLANE

One tap mobile

+12063379723,,88903902818# US (Seattle)

+12532158782,,88903902818# US (Tacoma)

Agenda – Facilitated by Caitlynn Hatteras

Member Support – Nena Hayes

I. Welcome & Introductions – 12:00 to 12:15 PM

a. Resources:

i. CAC Meeting Process & Agreements (Page 3)

ii. [Human Impact Partners Window of Affect Tolerance](#)

b. Breathing exercise led by Tannya Devorak

c. Public comment

II. Breakout Sessions: CAC Training Development – 12:15 to 1:10 PM

a. Objective: to meet with training consultant, Sequoia Kantara, in small groups to build rapport and discuss the needs of different groups within the CAC.

III. Break – 1:10 to 1:20 PM

IV. Member Approvals – 1:20 to 1:35 PM

a. CAC Training Plan

b. November Minutes

c. Quarterly Summary

V. Updates & Announcements – 1:35 to 1:45 PM

a. CCO Governing Boards

- i. Lane Community Health Council – Isis Barone
- ii. Trillium Community Health Plan – Tara DaVee

VI. 2024 CAC Member Goals & Opportunities – 1:45 to 2:00 PM

a. CAC Co-Chairs – Caitlynn Hatteras and Tannya Devorak

Lane County CCO Community Advisory Council (CAC) Meeting Agreements

Updated April 2023

Meeting process:

- Call or email the CAC Coordinator 48-hours before a meeting to put an item on the agenda.
- Open meetings with an intentional reminder of agreements.
- Build in time to get to know each other.
- Assign someone to assist members with pausing, asking for clarification, and seeking understanding when needed.
- Close meetings with a 1-minute breathing exercise.
- Reminder: the CAC works to address system problems rather than individual problems. If you have an individual problem to discuss, please contact your CAC Coordinator and/or CCO customer service department.

Meeting agreements:

- For online meetings:
 - Facilitators will make space to hear from members who are on the phone and/or those who do not have access to the chat box.
 - Share your name when you speak.
 - Respectfully use chat box to answer questions from facilitator, ask questions about meeting content, and/or share information relevant to the meeting.
 - Remain on camera if possible. If not possible, consider adding a professional background photo that can help members identify you.
- Silence your phone and limit side conversations.
- Respect the Chairperson/facilitator and stay on agenda.
- Respect accommodations to ensure all members can participate fully. Reach out to staff if additional support is wanted or needed.
- Create a positive, open, and respectful space for all to learn and feel heard.
- Hold courage to speak your truth and use your voice in this space.
- Assume we are all doing the best we can (positive intent). Give and receive grace.
- Be kind and respectful to all those who attend the meeting.
- Please do not interrupt; one voice at a time.
- Respect others time, opinions, and styles of communication.
- Support each other in our newness; all input is a valuable learning opportunity.
- It is okay to step out for a moment to tend to your needs.
- Respect and continuously build awareness around differences in beliefs.

“We are all here to support each other and do this important work together.”