# CAC Meeting January 27, 2020 Sign-In Sheet

Please sign in. Thank you.

Name	Signature	Organization/Affiliation
Balderas, Gustavo	Ca-CV2	45
Crowfoot, Wendee	holy cifat	CAC
DaVee, Tara	On the phone	
Ewbank, Drake	82.70S00	Cox / At Large CAC
Fox, Roz		
Hatteras, Caitlynn	Caitlynn Hatteras	
Haynes, Val	Ve Ky	Hew Shot of Lang Culy
Hall, Karen	Kanda U	Capatal
Henson, Rebecca		
Kincade, Richard	Much	life
Mogart, Silverio		
Radich, John	nn	0(+)
Reavis, Charene	Chareno M. Roants	CAC/RAC
Rolling Thunder, John	Phone	
Tazumal, Carla	Cala Luo	CAC/lane Cou
Thurston, Michelle	morhunto	CAC/RAC
Warren, Jocelyn		
Williams, Cindy	Cindy/felliaros	CAC

If you are a Trillium staff member and/or not a member of the Community Advisory Council, please sign in on the Guest Sign-In Sheet. Thank you.

# CAC Meeting January 27, 2029 Guest Sign-In Sheet

If you are a Trillium staff member and/or not a member of the Community Advisory Council, please sign in on this Sign-In Sheet. Thank you.

Name	Signature	Organization / Affiliation	Public Comment
Poport Miles	RUSS	-	Yes No No
Belle Shepher	880	6417	Yes No 🗷
Gynai fallstra	OKAWODAN	0178	Yes No
Puffer		TCHP	Yes No No
Jaquelike Moren	o MM	LCPH	Yes No
Deb Dan		TCAP	Yes No
Brandy Black	Brandy m-laushi;	MificSource	Yes No
BNan Vaing	13	Paestre Sovce	Yes No
RUZ FOX	A S	FFLC	Yes No
amanda Cobb	AKC	TCHP	Yes No No
Brothery Domingue	Soft Dans	TUMP	Yes No No
Dusas Zimmacina		AHO	Yes No
Amelie Clement	ametie I Cleman	consumer member PS	Yes No 🔀
			Yes No
			Yes No

# **CCO Community Advisory and Council Meeting**

# Monday, January 27, 2020 12:00 - 2:00 pm Oregon Research Institute Bldg., 2<sup>nd</sup> Floor,

### Minutes

Attended: Gustavo Balderas, Wendee Crofoot, Drake Ewbank, Roz Fox, Caitlynn Hatteras, Val Haynes, Karen Hall,

Richard Kincade, John Radich, Charene Reavis, Carla Tazumal, Michelle Thurston, Cindy Williams

On phone: Tara DaVee, John Rolling Thunder

**Recorder:** Jan Skeie, LCPH/Prevention

**Absent:** Rebecca Henson, Silverio Mogart, Jocelyn Warren

**Guests:** Amelie Clement, Consumer

Dr. Jeanne Savage, Chief Medical Officer, Trillium

Amanda Cob, Trillium Debi Farr, Trillium Robert Phillips, Trillium Britney Dominguez, Trillium

Jacqueline Moreno, Lane County Public Health Leah Edelman, Lane County Public Health

Brandy McLaughlin, Pacific Source

Brian Laing, Pacific Source

Belle Shepherd, Oregon Health Authority Cyndi Kallstrom, Oregon Health Authority Dustin Zimmerman, Oregon Health Authority

- **1.** Call Meeting to Order Meeting opened by Caitlynn Hatteras, Co-Chair.
- 2. Public Comment: No public comment
- **3. Introductions and Welcome** Caitlynn Hatteras, Co-Chair. Getting to know you question: Do you prefer to be early or late?
- **4. Approve Minutes** There was no meeting in December. A motion was made to approve the November 2019 meeting minutes. Michelle Thurston moved to approve the minutes. Carla Tazumal seconded the motion. Members voted to approve the November 2019 meeting minutes as written.
- 5. Reports

**RAC Update** – Char Reavis

The RAC meeting was held in Trillium in Eugene.

### Cac Minutes 01 27 2020 (002)

The plan for the RAC this year is to do more community engagement and provide more opportunities for rural CCO members to share their thoughts. We will host community listening sessions in the following communities:

- Junction City/Harrisburg (April)
- Florence/Reedsport (June)
- South Lane (Oct)
- Oakridge (Aug)

These sessions will be held in the afternoon/evening (4-6) and we will work with our community partners. The sessions will be primarily to hear from OHP members and providers. Our hope is to focus on the positives of each community and to bring the information and resources that the community requests. Some of the topics that we brainstormed were:

- Helping communities be aware of the health resources available to them
- Identifying barriers, both real and perceived
- What is working well?
- Sharing T-Rex and encouraging members to sign up for the member portal

The RAC will also be hosting an equity listening session in Springfield in March at the Park at Emerald Village!

## **CAP Report** – Dr. Richard Kincade

The CAP Committee met earlier this month. We welcomed Trillium's new Chief Medical Officer, Dr. Jeanne Savage.

Items discussed:

- Transition coverage and conveying accurate messages.
- Report on complex call coverage.
- Opiate patient management and patient safety medications.
- Behavioral Health Integration and the work being done.

#### **Prevention Report** – Jacqueline Moreno, Prevention Health Analyst

(See attached Prevention Workgroup Program Updates – January 2020)

Prevention is working on handouts that address our programs in Prevention.

The Prevention Team wants to share their data with local schools.

### 6. Trillium Updates

At the beginning of December 2019, we had 47,500 members; down from 90,000 members we had before the transition.

They are working with Capital Dental, who has a mobile dental unit, to provide dental access to the residents of the Eugene Mission.

### 7. Pacific Source Updates – Brandy MCLaughlin and Brian Laing

Pacific Source is looking to bring on an Equity CCO Coordinator and many other positions.

They have just under 50,000 members enrolled through the CCO.

Cac Minutes 01 27 2020 (002)

### 8. CAC 2.0 - New and Improved! - Leah

(See attached CCO 2.0 and CACs: What's New for CAC members)

Changes:

CAC Membership – Make sure demographic areas are met.

CAC membership needs to have 51% equal consumer representation from both Trillium and Pacific Source.

CAC needs to meet no less than every three months.

CAC meeting minutes are to be posted on both CCO websites.

New responsibilities – We need to have a role in Social Determinants of Health and Equity funding.

There needs to be tribal representation on the CAC and a tribal liaison.

### 9. CCO 2.0 Concerns

Trillium has created a Specialty Guide and Service Referral Guide that they will be sending out to providers. A Behavioral Health algorithm is on the Lane County website.

Providers need to know how to make referral.

### **10. Consumer Concerns**

- Many consumers don't know which CCO they are part of until they go see their doctor and then many find out they are no longer covered with their physician.
- Pacific Source consumers don't know whether their doctors are in network or out of network.
- Members aren't receiving any communication from OHA.
- Members are very frustrated with how the CCO 2.) rolled out in Lane County
- Senior and Disabled Services were overwhelmed with people who didn't understand what to do.
- Providers are telling people if they don't switch companies, they will not have coverage and cant get services.

Next meeting: February 24, 2020, 12 - 2 p.m.

Meeting adjourned.

# Prevention Workgroup Program Updates – January 2020

	Mental Health Promotion	
Family Check-Up	Focusing on outreach; targeted outreach to justice-involved women	
Triple P	Team is updating marketing plan (LTD, movie theaters, newspapers, etc.)	
	Targeted outreach to schools by our CCO School-based team	
Promoting Prosocia		
Behavior	Posting request for proposal (RFP) soon for consultant to help guide process,	
	identify needs (trainings, individual consultation, etc.)	
Sources of Strength		
Childhood Obesity Prevention		
CATCH K-5	Recruitment for 2020-21 underway – focus on Springfield	
	<ul> <li>Dash is creating individual school reports to share results from 2019-20 year</li> </ul>	
CATCH 6-8	Baseline data in; so far we sense 2 very different implementations	
NAP SACC	New NAP SACC Coordinator	
	Braiding their state funding to provide coaching to centers	
Obesity	Intern conducting literature review: impact of childhood obesity, link between	
Prevention Policy	sugar-sweetened beverages (SSB) and obesity, recommended policy	
Analysis	interventions, case studies of SSB taxes etc.	
	Intern coordinating a community readiness assessment	
OTID	Tobacco Prevention	
QTiP	Quality Improvement project – Does "Quit Tobacco in Pregnancy" imply clients	
	need to have already quit to participate? Should we consider re-branding- such as "Quitting Tobacco in Pregnancy is Possible"?	
	,	
Provider Trainings	Developed a prior servey for enems who drop out of the program	
Trovider Trainings		
	<ul> <li>Discussed incorporated vaping into trainings; not a lot of research yet although some techniques might be similar</li> </ul>	
Good Behavior	Coaching is still developing	
Game	Hoping to augment with other Promoting Prosocial Behavior strategies	
Life Skills Training	Centro finished implementation with all 6 <sup>th</sup> graders at Hamlin – feeling great	
J	about the first year!	
	• Sending their staff to become a trainer; then she can train 6th grade teachers	
	and focus on the $7^{th}/8^{th}$ grade boosters next year and provide support to	
	teachers	
Student Health	OHA says no survey this year	
Survey	• Recruitment for the 2020-21 survey will begin in April so we need to develop a	
	plan	

Last updated 1/15/2020

# CCO 2.0 and CACs: What's New for CAC members

## Introduction

The Oregon Health Authority (OHA) has signed contracts with 15 CCOs for the Oregon Health Plan's (OHP) nearly 1 million members. Beginning in 2020, these contracts set new requirements for CCOs. For additional information on these contracts, click here.

This document highlights CAC changes that were included in these new CCO contracts, as well as in rules.

# **CAC Membership**

## CCO to convene a CAC Selection Committee:

- Selection committee to be comprised of (in equal numbers):
  - 1. Individuals who sit on the CCO's Governing Board
  - 2. Individuals who are representatives of each county within the CCO's service area
- Will be responsible for selecting members of the CAC by March 31, 2020
- Will ensure the CAC:
  - 1. Includes representatives from the community, including, but not limited to consumer representatives (at least 51%)
  - 2. Is representative of the diversity of populations within CCO's service area

## New Definition of Consumer Representative:

- A person serving on a CAC who is on (or was within the previous six months) the Oregon Health Plan (OHP)
- Consumer representatives are at least 16 years of age
- A parent, guardian, or primary caregiver of an individual who is on (or was within the previous six months) the OHP can also be considered a consumer representative

### Tribal Participation on CACs:

- a) In CCO service areas where only <u>one</u> tribe exists, the tribe will be responsible for choosing one tribal representative to serve on the CAC;
- b) In CCO service areas where <u>more than one</u> tribe exists, each tribe will choose a tribal representative to serve on the CAC;
- c) In metro CCO service areas where a tribe <u>does not exist</u>, CCOs will be responsible for reaching out to the Urban Indian Health Program to identify a representative to serve on the CAC;
- d) In rural CCO service areas where a tribe does not exist, there is no requirement for tribal participation on the CAC.

# CCO Governing Body: CAC Member Representation

Each CCO's governing body must include:

- At least two members of the CAC
- At least one of the CAC representatives on the CCO's governing body must be a current CAC consumer representative

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# **Annual CAC Demographic Report**

The report (due 6/30/21) will show how CAC membership is representative of the communities in a CCO's service area. This report template will be shared on or before the fall 2020 CAC Conference.

# **CAC Duties: CCO Spending Decisions**

CAC members will:

- Have a role in reviewing Social Determinants of Health and Equity (SDOH-E) spending under the future (2021) Supporting Health for All Through REInvestment (SHARE) Initiative\*
- Have a role in determining how Health-related Services (HRS)\* Community-Benefit Initiative Investments are made\*

# Appendix A – Definitions of Terms

**Health-related Services** are services that are not covered under OHP. The goal of using these services is to improve care delivery, member and community health. Health-related services include *flexible services* and *community-benefit initiatives*.

- Flexible services are cost-effective services offered to an individual member to supplement covered benefits.
- Community-benefit initiatives are community-level strategies that include, but are not limited to, members and are focused on improving the quality of care, and the health of communities.

### Social determinants of health and equity (SDOH-E) include three terms:

- Social determinants of health are the environments in which people are born, grow, work, live, and age. These factors can impact length and quality of life and can lead to health inequities.
- Social determinants of equity are the factors that shape the social determinants of health in communities. Examples include the distribution of money, power, and resources, institutional bias, discrimination, racism, and other factors.
- Health-related social needs are an individual's barriers to health, such as lack of housing or food insecurity.

Supporting Health for All Through REInvestment (SHARE) Initiative: This is a requirement that CCOs spend a small part of their annual excess net income or reserves on services to address health disparities and the social determinants of health. This program will begin in 2021: more information will be made available.

### Questions:

Adrienne Mullock (<u>adrienne.p.mullock@dhsoha.state.or.us</u>, 971-673-3384) **or** Tom Cogswell (<u>thomas.cogswell@dhsoha.state.or.us</u>, 971-304-9642).

The Transformation Center will provide additional support to CACs in 2020. Please visit the Transformation Center's CAC Supports page for updates: <a href="https://www.oregon.gov/oha/HPA/dsi-tc/Pages/CAC-Learning-Community.aspx">https://www.oregon.gov/oha/HPA/dsi-tc/Pages/CAC-Learning-Community.aspx</a>

<sup>\*</sup>Please see the **Appendix** on page two for definitions of these terms.