

CCOs Community Advisory Council Meeting

Remote meeting via Zoom

May 24, 2021

12:00pm-2pm

PRESENT

CAC Members: Carrie Copeland, Wendee Crofoot, Tara DaVee, Tannya Devorak, Drake Ewbank, Caitlynn Hatteras, Val Haynes, Richard Kincade, Silver Mogart, Chris Parra, Michelle Thurston, Cindy Williams, Michelle Hankes, Roxie Mayfield, Char Reavis

Attendees: Kayla Watford, Buffy Hurtado, Teresa Coppola, Lisa Hernandez, Jeanne Savage, Leslie Neugebauer, Jacqueline Moreno, Lucy Zammarelli, Jennifer Webster, Aleya Garcia Rivas, Rebecca Donell, Charlotte Carver, Cindy Fisher, Tina Potter, Shelly Hawkins, Robin Virgin, Courtney Johnston, Rhonda Busek, Debi Farr

I. Welcome and Introductions

Char Reavis opened the meeting. Everyone present introduced themselves briefly due to a very full agenda. People also voted, either verbally or written in the chat box, for their preferred summer month off (July or August). There were a total of 3 votes for July, 6 votes for August, and many attendees said they had no preference. A link for why pronouns matter was provided: <https://www.mypronouns.org/what-and-why>. **Attendees were reminded to register for the free [CAC Virtual Conference](#), coming up on June 8th and 9th.**

II. Committee Reports

a. Prevention Workgroup

Jacqueline Moreno presented a full update on what the Prevention Workgroup has been working on later in the meeting.

b. Member Engagement Committee (MEC)

Michelle Thurston and Wendee Crofoot encouraged attendees to join this committee. A reminder of the group's purpose was provided: to strengthen communications and engagement between consumers and their CCOs. Discussions and actions will be focused on member concerns and needs. Currently, the MEC is looking at prescriptions by mail interest and concerns, as well as getting information to consumers in a more user-friendly manner, such as utilizing refrigerator magnets, which could have important numbers, including the Nurse Line numbers. Dental issues are also being discussed. The 2014 Charter will be reviewed at the next MEC meeting on June 2nd (10am-11am). In June, the MEC will also provide feedback on a plain language version of Lane County's Community Health Assessment and community Health Improvement Plan.

Please let Teresa know if you'd like to be invited to the next MEC meeting.

c. Pacific Source CAP – Dr. Robin Virgin

Dr. Robin Virgin reported that a 'toolkit' is being designed that can help medical providers know who to call if a patient expresses suicidal ideation or other mental health concerns. This will be a

one-pager that providers can easily access for both children and adults. Dr. Virgin said their second major focus this month was on dental care. Performance metrics showed that dental care for diabetics and for children needs improvement. Discussion centered on how these populations can receive more support in getting their dental care needs met. It is very important that individuals with diabetes know they should be seen on a yearly basis.

d. Trillium CAP – Richard Kincade, MD

Dr. Rick Kincade reported that Trillium has also been focusing on mental health and dental care challenges. Lucy Zammarelli has been working with the Health Integration Collaborative (HIC) in developing a ‘toolkit’ as well. Tara McCullers from LaneCare has been working on improving the response time for mental health crises. Dental challenges have been related to pain management and an increasing reliance on antibiotics. Dr. Kincade also mentioned a worrying increase in Sexually Transmitted Infections (STI’s) in Lane County. This inspired a lively discussion and it was apparent that there was a lot of interest from the group in addressing this concern further. Dr. Kincade volunteered to invite Public Health Office Dr. Pat Luedtke to a CAC meeting so that the group can learn more about the crisis and be able to ask questions. **Kayla and the CAC Co-chairs will explore when to hold this discussion.**

III. New Projects

a. Behavior Health

Rhonda Busek confirmed that there is ongoing exploration of how the decline of youth mental health can be addressed at the early onset stages of depression and anxiety through group therapy, parenting classes, school-based programs, and more. In addition, the intersection of the Serious and Persistently Mentally Ill (SPMI) population, with those who are unhoused and are involved in the criminal justice system, is of primary concern. There continues to be a focus on addressing crisis needs in all of Lane County, including the rural areas.

b. Food Security

Jacqueline Moreno and Debi Farr spoke about the current projects that are addressing food insecurity in Lane County. There are one-year contracts with Arc of Lane County, in relationship with Food for Lane County, Cornerstone Housing, and the Community Supported Shelters (CSS) program. CSS will be focusing on empowering members of their shelters to become more self-sufficient.

There is also a one-off funding (\$5000) being provided to the STEM Summer Camp for BIPOC youth. So far, there are 39 youth registered and these funds will help to provide food for the camp. We are also hoping that the camp youth will be interested in engaging in conversations around youth mental health, which can help to inform our separate project being funded by our leftover 2020 funds, which will be discussed next on the agenda. As part of our work plan, we’ll be collecting baseline data on all of these projects so that we can make informed decisions about either extending funding to these projects, or offering new RFPs next year.

IV. Proposal: Repurposing 2020 Prevention Funds

Jacqueline Moreno presented the current proposal for repurposing the 2020 Prevention funds, beginning with a brief explanation of why there is such a large amount of funds (\$488, 013.13) left over from 2020. Both CCOs contributed to these funds since this is from 2020. An overview of the proposal is that the funds be invested in existing Prevention priorities: 1) expanding the focus on youth mental health, especially in the schools; and, 2) expanding and rebranding the focus on reducing childhood obesity. A complete budget was included in the proposal for each component of these projects. There was opposition from some of the CAC consumers on the wording of the “weight- and fat-stigma education and training” piece of the budget. This feedback was very much appreciated and, although the original wording came from training programs that are hoping to change such language, Jacqueline agreed to modify the language and resend a draft of the proposal to the Prevention Workgroup.

Approval; Wendee Crofoot made a motion to approve the topics and budget of the proposal, with the stipulation that some language be changed. Michelle Thurston seconded the motion. A vote to approve the proposal was held and passed unanimously.

V. Member Opportunity

Kayla Watford presented an overview of the Live Healthy Lane Steering Committee, which drives the work of the Community Health Assessment (CHA) and the five-year Community Health Improvement Plan (CHP). There is a need for one consumer from each CCO to sit on the Steering Committee. A job description was provided by email and Kayla encouraged people to think about the time commitment involved in serving on this committee. They plan to meet twice per month for approximately 4-6 months, before moving to one time per month. Debi Farr emphasized that long-term commitment was very important for understanding the work and moving it forward. Caity Hatteras offered the analogy that working on the Steering Committee is like putting together a large puzzle. She received kudos from others for all the work she has done over the years in this committee.

Kayla asked that people think about this opportunity and starting today, nominations or expressed interest, can be made through Monday, June 14th. This is so members can vote for the CCO representatives at the June CAC meeting. Members were encouraged to send Kayla nominations or expressed interest today through the Chat function. After today, you can reach out to Kayla by email or phone.

VI. Other Updates

Carrie Copeland was unable to present an update on Food for Lane County’s progress in expanding their services and this will be added to the next CAC Agenda. FFLC has been working with PeaceHealth to purchase a mobile van in order to provide more food outreach to rural areas.

VII. Annual CAC Demographic Survey

The final 20 minutes of the meeting was reserved to give CAC members time to complete their annual CAC Demographic Survey and to ask any related questions. **Note: if you are a voting CAC member, please complete the CAC Demographic Survey by Friday, June 4, 2021.**

Action Items

- **Voting CAC Members: please complete the [CAC Demographic Survey](#) by Friday, June 4, 2021.**
- **Reminder: register for the free [CAC Virtual Conference](#) (June 8th and 9th)**
- **Next Member Engagement Committee meeting (June 2nd) – Email Teresa for the invitation**
- **STI presentation at future CAC meeting – Kayla and Co-chairs will explore; Dr. Kincade offered to invite Dr. Pat Luedtke**
- **Carrie Copeland will provide a FOOD For Lane County update at the July meeting**
- **Nominations for the Live Healthy Lane Steering Committee are due by June 14th**